

maccabi



COMMUNITY SHIELD

**“HELP MACCABI  
SAVE LIVES!  
STOP THE SPREAD OF  
COVID-19!  
FOLLOW THESE  
FIVE SIMPLE STEPS”**

**PROF. PAUL ZIMMET AO**



[www.MaccabiUpdates.com](http://www.MaccabiUpdates.com)

connecting our Jewish community through sport & wellbeing



**1. Visit the site** and watch the video on COVID-19 and the rationale for social isolation. View not once, but twice!



**2. Share the link** to the [www.MaccabiUpdates.com](http://www.MaccabiUpdates.com) website with family & friends to stay informed & keep connected.



**3. Promote and practice** the Government guidelines on Hygiene & Social Responsibility listed on the website.



**4. Be kind to one another** and show respect to all.



**5. Visit the Maccabi LIFE** section on the website for ways to stay active and practice good 'health & well-being' at all times.

